

NORTH IOWA FRESH BOUNTY

FREQUENTLY ASKED QUESTIONS

The North Iowa Fresh Bounty Program provides a diverse selection of locally produced vegetables and fruits produced by 10 + producers across North Iowa and delivered to you over a 20-delivery week season.



VOCABULARY AND INFO.

A Member is the individual who buys into the program.

The product a member purchases is considered a Share – as in a share of the season's production.

Our Producers are farmers who are committed to bringing you the freshest, safest farm raised products around. Their practices range from minimal to no chemical. All producers are concerned that their practices provide nutrient dense products, picked at the peak of flavor and nutrition.

Our Aggregation System assures proper storage temperatures to maintain the high quality from farm to your pickup site.

EXAMPLE OF THREE WEEKS OF PRODUCE

(*BASED ON OUR CURRENT PLAN BUT ARE SUBJECT TO CHANGE)

Week 1

Lettuce (0.5 lb), Spinach (0.5 lb), Arugula (0.3 lb), Kale (0.3 lb),
Green Onion (0.5 lb), Asparagus (1 lb), Rhubarb (1 lb)

Week 10

Zucchini (0.5 lb), Yellow Summer Squash (0.5 lb), Cucumber (2 count),
Onion (1 lb), Green Pepper (1 count), Spicy Pepper (0.25 lb),
Yellow Bean (0.5 lb), Slicing Tomato (1 lb), Sweet Corn (1 dozen)

Week 20

Lettuce (0.5 lb), Spinach (0.5 lb), Mixed Mustard Greens (0.3 lb), Broccoli (1 lb)
Leeks (1 lb), Green Pepper (1 count), Rainbow Carrots (2 lbs), White Potatoes

HOW TO SIGN UP?

1. Go to www.northiowafresh.net and click on the Bounty Box dropdown menu. Sign Up as a Member and then choose which Share option you wish to subscribe to. Payments must be made online using a credit card.
2. Send an email to Andrea with any questions and/or dates for "Flex" Shares.
3. Save your username and password for future purchases and a-la-cart add-ons.

WHAT'S IN THE BOX?

- Up to 20 weeks of fresh produce delivered to a continent pickup location
- Average of 10 different items per week (ranging from 6-12)
- Average of 11 lbs of produce / week (ranging from 4-16)
- E-newsletter with list of weekly products, nutrition info, recipes storage tips and stories from our farmers and partners
- A-la-cart add-ons

SUMMARY OF OPTIONS

Delivery b/w May 22- Oct. 9

Bounty Box - 20 weeks - \$685

Bounty Lite - 10 weeks - \$370

- every other week

Build Your Own - \$300 min.

- \$20/week min.
- \$30 convenience fee

Bounty Flex - \$39/week

- 7 week min. investment
- choose your weeks

Storage Options

Late Fall - \$75 - Nov 13

Winter - \$75 - Dec 11

Additional a-la-cart options will be available on website

CONTACT

Andrea Evelsizer

Broker/Manager

sales@northiowafresh.net

319/325-4222

www.northiowafresh.net